

CULINARY DISTANCING COS PROFILES

Eric Brenner, Red Gravy owner and executive chef and founder of Meals to Heal

“Culinary Distancing COS is a great cultivated forum. Our mission statement at Red Gravy ties into its mission perfectly.”

“We said we’re on the side of keeping people safe, and siding with healthcare professionals and science. We got challenged quite bit; there was a wave of backlash. But having that space reminded us of our lane. I told everybody throughout the pandemic — when everyone was zigging and zagging around, metaphorically trying to find their way around a traffic jam, trying to find new lanes — that we were going to stay in our lane and be patient.”

“Really that’s what allowed us to focus on everything we did. It helped me create our DNA, our core message. The eased restrictions are great for businesses, but we also don’t want to see another COVID spike, it could swing back the other way, so we’re going to stay the course. Our front dining room still has tables six feet apart. If people are more comfortable, they can join us back in Blue at Red Gravy, our new rear cocktail lounge which has more intimate seating. And those not ready to dine-in at all can still enjoy our front patio.”

“We messaged that through Culinary Distancing COS and the responses were consistent gratitude; people loved that we cared about being safe. Having that forum gave us an ability to walk into a room with people that already get it — we didn’t have to pitch it. Having the group was critical for us, it was fantastic.”



1Eric Brenner, Red Gravy owner and executive chef and founder of Meals to Heal.

Red Gravy is an authentic Italian restaurant located in downtown Colorado Springs serving dishes passed down through generations of Italian Immigrants in the city of St. Louis. It celebrates that tradition of family, community and culinary creativity through a space where art, culture, food and drink converge. *23 S Tejon St, Colorado Springs, Colorado, 80903; (719) 653-7661.*

Meals to Heal, a local GoFundMe initiative, was launched by Chef Eric Brenner to provide food for healthcare workers, first responders and emergency services personnel while simultaneously supporting restaurants and foodservice business community. It coordinates local restaurants to provide meals for the people caring for the sick in the Pikes Peak Region through community contributions. To donate visit <https://redgravyco.com/>